Mathematics

ANNUAL REPORT

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3. PACMH Priorities for Assessment and Action for 2014/15 and 2015/16

The following 16 recommendations were identified by the PACMH in June 2014 as priorities for further assessment and action over 2014-2016. The following progress has been made to date:

Recommendation		Champion	Target Date for Implementation	Comments
1	Establish an Exam Centre	Student Affairs	2015/16 academic year for Business Case 2016/17 academic year for renovations to physical space	The Office of the University Registrar has secured resources to establish a new position, Assistant Registrar, Special Projects ï 1 — Ž 1 ˜ • 1 • ‘ ’ œ 1 ™ ˜ œ ’ • ’ ˜ — œ 1 will be to develop a business case and model for an Exam Centre. This work will be connected to the response to recommendation three (see below). The recruitment process for this position is currently underway. STATUS: In progress
2	Look at options for students who have had a false academic start, e.g. dropping a mark	› ˜ Ÿ ˜ œ • œ 1	2015/16 academic year	‘ Ž › Ž 1 ’ œ 1 Š 1 Œ ˜ – – ˜ — 1 • › ˜ ™ 1 week eight in Ž Š • each of the fall and winter academic terms. Courses dropped between week one and eight will not a ™ ™ Ž Š › 1 ˜ — 1 Š 1 œ • ž • Ž — • œ 1 • › Š — œ Œ › ’ penalty. After week eight, these are appeal processes in each Faculty/School, through which students can seek to drop a course. Students can also appeal to the University Registrar for a tuition refund for 16.31 2746.3 131.16 175.34 rs.96 Tf(d)-2

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	Recommendation	Champion	Target Date for Implementation	Comments
				monthly to review the various scheduling and access matters that arise. STATUS: In progress
5	Increase the promotion and benefit of academic advising	› ˜ Ÿ ˜ œOffice 1 with Student Affairs	In progress	Building on the academic and career advising committee coordinated through Career Services, the university has developed and released (Jan 2015) Majors Maps for all 44 undergraduate programs. These planning tools are the first of their kind in Canada and provide advice on academics, extracurricular activities, networking, international opportunities and career development all in one place. The maps are being promoted by Caad33 35.52 Tm[A)6(n)4(n)5 52

	Recommendation	Champion	Target Date for Implementation	Comments
12	Explore the creation of an enhanced insured student benefits package for services not currently covered by provincial health plans, and consult with other post-secondary institutions to maximize cost-effectiveness	Student Affairs with support of HR as required	2016-17 at the earliest	The AMS has completed the following pertaining to their plan coverage: -Advocated to Studentcare to increase mental health initiatives; -Promoted • ž • Ž — • Ğ mental health resources information; - Conducted a survey to understand student needs. Results are under review. If any changes are made to coverage, this would most likely happen for the 16-17 year because the fee is already set for 15-16. The SGPS ha-009D008C008A5009B008E>5SGPSre-7(rt)-4(o)

Student Health Services (SHS):

At SHS, students may have appointments to see family physicians, psychiatrists, a gynecologist, a general practitioner psychotherapist and nurses, including a mental health nurse, a position created in 2011. Students may see nurses to receive health information, including information related to travel, vaccines, and wound care/dressing changes. Most requests for non-urgent appointments are scheduled within 14 days. Two evening clinics, requiring appointments, have run since 2011 and are consistently fully booked.

An urgent care walk-in medical clinic operates every weekday and all patients with urgent problems are seen. Those with mental health issues are briefly assessed and an initial care plan is established. In addition, SHS responds to anyone, including students, faculty members, staff, family members, or friends, indicating the need for urgent attention for a student.

Total Patient Visits to SHS:

Year	Total
2011-12	

Mental Health -Related visits to SHS:

The following SHS figures focus on mental health-related visits within the context of the œŽ›Ÿ'ŒŽ œ1•˜••Tše 1oEcSžilžiŽ•˜ŠŽ•i1imprecise in identifying the purpose of patient visits; these figures may not therefore accurately reflect the reason for all visits.

Family physician (FP) visits:

Year	Total FP clinic visits	FP Mental Health Visits*	%*
2011-12	21,092	2,014	9.5
2012-13	17,775	4,580	26
2013-14	19,482	2,606	14

monitor demand and capacity and respond to evolving student needs with timely and quality service.

Counselling Services

Counselling Services (CS) comprises an average total of 14.5 FTE counsellors, 6.5 of whom are based in the central office on Stuart St. In addition, there are now eight outreach counsellors housed in specific faculty or university buildings. There are two counsellors in main campus residences, and counsellors in the John Deutsch University Ž — • › Ž ð 1 ž Ž Ž — œ e 1 Œ ‘ the School of Medicine (new in 2014-15), the Faculty of Engineering and Applied Science (as of January 2014), the Faculty of Education/West Campus (as of January 2014), and the School of Graduate Studies (as of November 2013). The latter three positions are funded for their first two years through a generous anonymous donation.

Outreach counsellors provide population-specific counselling support and programming (e.g. psycho-educational sessions, skill-development), and they consult with faculty members and staff about students of concern. This outreach program aims to increase and facilitate access to counselling and related services, in a familiar environment, that are provided by professionals who understand the academic context and related experiences of the students they serve.

Counselling Services also supervises graduate students who see clients as part of their curricular practicums.

<u>Counselling Services Appointments:</u>

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Visits per student per year

The average number of visits per student per year has remained constant at three since 2012-13. There is no hard limit to the number of appointments that a student can make in any given year. Counselling Services operates using a short-term solution-focused service model, with an emphasis on fast access, and strong links to community counselling and psychotherapy resources for students who are deemed likely to need longer-term counselling.

Client information:

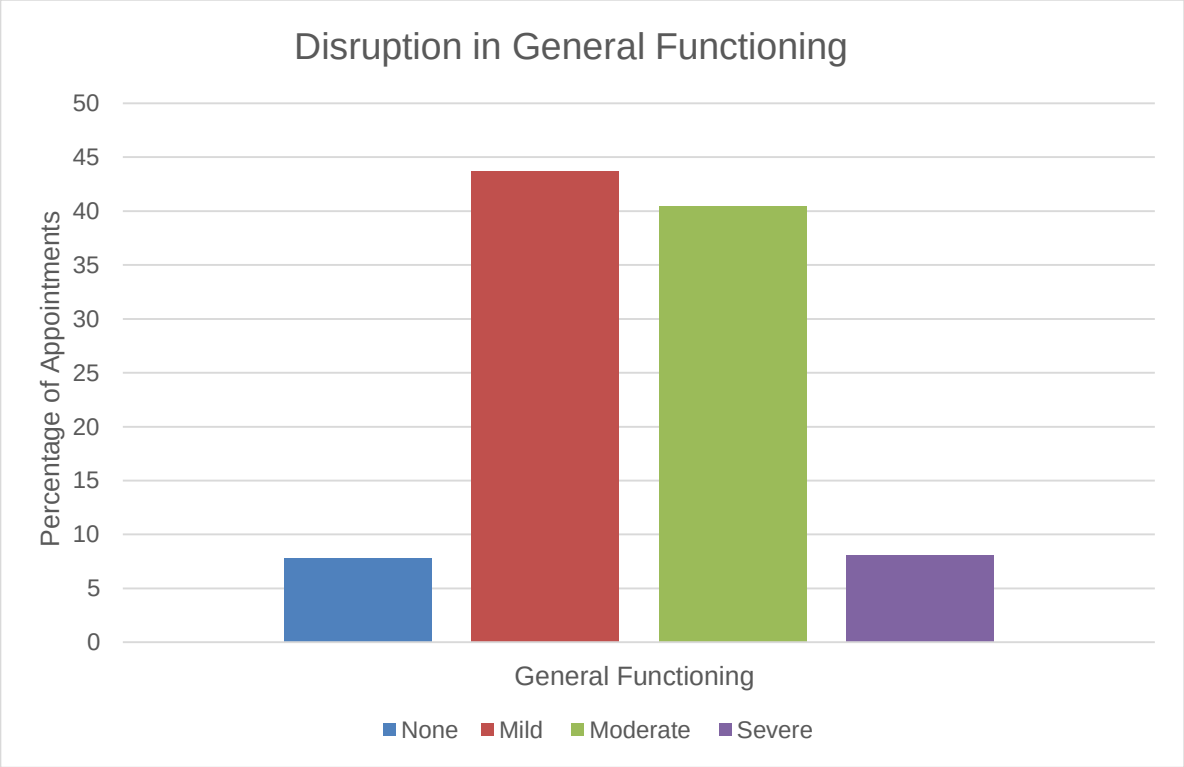
The following figures and charts reflect student use of Counselling Services by student type. Anecdotally, it is observed that these trends have bee

Presenting Issues:

Clients receiving care at CS typically are dealing with more than one personal difficulty. Frequently, one primary and multiple secondary issues are identified by counsellors in each session.

The following charts and figures are based on CS data, as identified by counsellors, from appointments that occurred between September 1, 2014 and April 17, 2015. They are not

The majority of



Wait times:

Since 2011-2012, when Counselling Services implemented a new intake protocol, wait times for first appointments, which could have been as long as five weeks, have been significantly reduced. Approximately 95% of students seeking an appointment for an

Advisory Services:

Counselling Services also leads mental health education on campus and has become a frequently-used consultation service for faculty members and staff who are concerned about the behavior of individual students. The Service also provides after-hours consultation to the Residence system and to Campus Security and Emergency Services on issues related to students at risk. Typically the Service receives more than 100 calls of this type every academic year.

Disability Services Office

The number of students with documented disabilities is increasing in universities and colleges across the province. • 1 ž Ž Ž — œ ð 1 • ‘ Ž 1 — ž – ‹ Ž › 1 ˜ • 1 › Ž • ’ œ • › Š — • œ 1 ’ risen by 58% in the last five years.

The number of students with mental health-

Health Promotion works to foster knowledge, skills, attitudes and the policy and environmental supports to help students engage in safer and healthier lifestyles. It seeks to create conditions that make the healthy choice the easy choice.

Working under the cam ™ ž œ 1 ‹ › Š — • 1 Ž 1 Ž • • ð 1 • ‘ Ž 1 ž — ’ • œ time ˜ › ” 1 ’ œ 1 • Ž • 1 professional staff, and one administrative staff who works full -time for eight months of the year. The 2014-15 Be Well team also included 83 student volunteers, eight paid part - time students and one paid summer student position.

Key Mental Health Statistics from 2011-15 (as available)

Year	# of HP volunteers	# student volunteer hours	# student volunteers devoted to mental health & stress	# hours of work by Mental Health topic team	# Stress Busters Workshops	# Mental health Lived Experience Workshops
2011-12	74	n/a	4	n/a	10	n/a
2012-13	73	n/a	5	n/a	13	12 (New workshop, › Ž Œ Ž ’ Ÿ Ž • 1 ž Ž Human Rights Award
2013-14	79	4				

Year