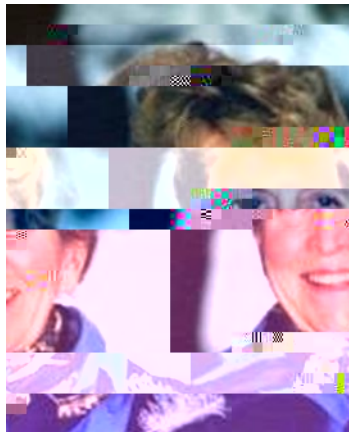


RAQ NEWS



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This edition of the newsletter is full of exciting announcements and updates, some

Membership Committee, under the leadership of Donna Lounsbury, not only worked for many months to achieve this goal for RAQ, but also has spent long hours working on the details of moving to this model. In May of 2020, when all Queen's retirees are eligible for automatic free membership in the organization, we'll have three new members of Council and a new Executive. The new Council members are Sheilagh Dunn, Office of the Principal; John Holmes, Department of Geography and Planning; and Alistair MacLean, Department of Psychology.

Not too long after the new Council takes over, RAQ will also have a new home. We will be sharing a house on King street with the Queen's Women's Association. Here we will have our own office space and will be able to arrange for space for meetings and events. The move is planned for late summer. You will see a picture of the house in this newsletter and can expect further information about the space when the move is finalized.

By the time this newsletter is out, you will probably have received information from Human Resources about the change from Great West Life to Manulife for our benefits. The advantages to retirees will be outlined in that report and will reflect the negotiations George Brandie initiated on our behalf some time ago. I think you will be pleased at the new opportunities offered in the new package.

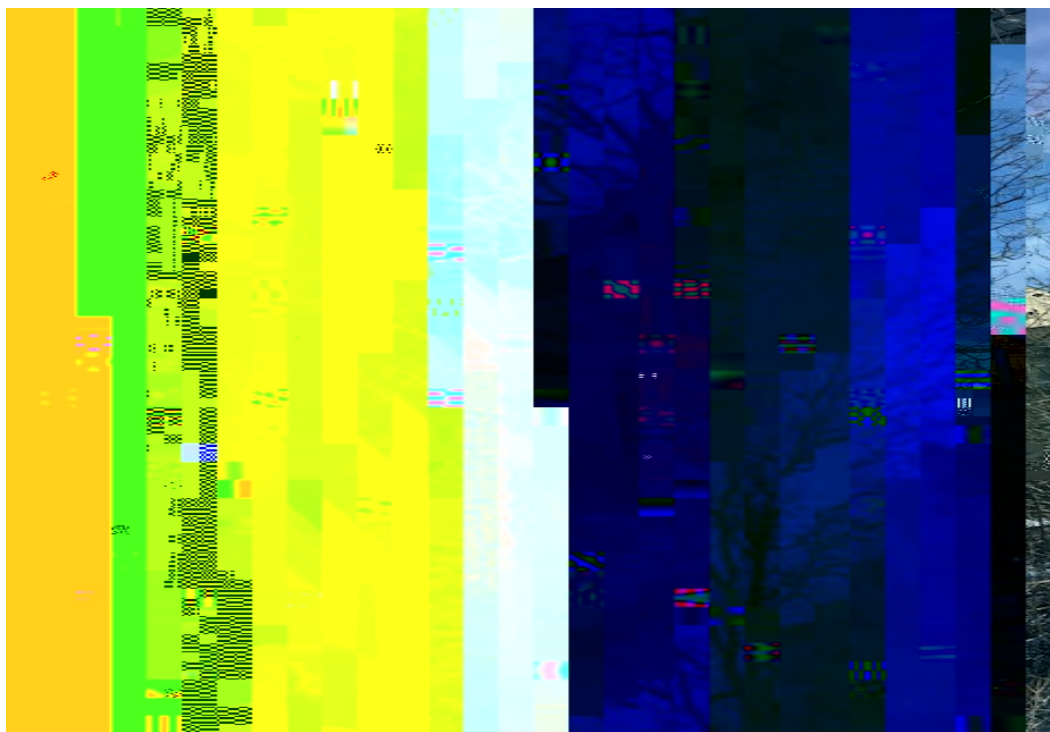
Diane Kelly, the incoming President of RAQ, has taken charge of our bursary portfolio and has already established a good relationship with Advancement. We should be hearing about the recipient of this year's bursary soon, and I hope that person will join us at April's AGM meeting.

Those of you who take advantage of the events RAQ sponsors will be pleased that Dr. Agnes Herzberg is busy planning a fall series of The Monday Morning Forum. Watch for announcements of

the speakers and dates. Information about the popular RA Q/University Club luncheons is given elsewhere in this newsletter.

This year's AGM is on **Wednesday, April 29**, beginning with an open bar at 11 a.m. in the University Club and lunch in the Teves dining room. Our speaker this year is Dr.

Fahim Quadir. He will speak to us on the strategic vision of Graduate Studies at Queen's followed by an engaging question/answer period. Our new Council members will be there to meet you, and I hope that we'll hear from our current bursary student then as well. You will receive more details and a registration form by email later. I look forward to seeing there.



Wednesday, April 29, 2020

University Club

Our Guest Speaker will be Fahim Quadir, Vice Principal and Dean, School of Graduate Studies and Professor, School of Global Development

Watch for your formal invitation with all the details

The UPP is moving ahead and still on track for a conversion date of July 1, 2021.

The inaugural Chair of the Board of Trustees has been selected. Gail Rubenstein is a Partner at Goodmans L.L.P. Ms. Rubenstein is recognized for her expertise in corporate restructuring, pensions and regulatory matters over her 30 year career with Goodmans.

Also, the UPP Joint Sponsors have announced the members of the UPP Sponsor Committees. The Queen's representatives on the Employer Sponsor Committee are Donna Janiec (VP Finance and Administration) and Steve Millan (Associate VP Human Resources). The Queen's representative on the Employee Sponsor Committee is Leslie Jermyn (Executive Director, QUFA).

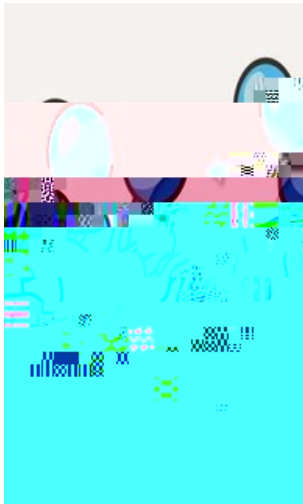
The main responsibilities of the Joint Sponsors are to set benefits and contribution rates, create funding policy and appoint the Plan Administrator (Board of Trustees).

As mentioned in previous reports, the conversion to the UPP will have no impact on pensions for existing retirees at the three universities. Pensioners at Queen's will receive the same excess interest increases after the conversion date as they would have under the provisions of the Queen's Pension Plan.

The pension plan return for the first 4 months of the Plan year (September 1, 2019 to December 31, 2019) was 4.1%. The investment return for January is not available as yet.

Human Resources is actively working with Manulife on a number of issues. The Board of Trustees is currently reviewing the findings of the Manulife study and will be meeting with the Board of Trustees in the coming weeks to discuss the findings and next steps.

The Retirees Association of Queen's (RAQ) is thrilled to announce our most exciting news yet...as the result of successful negotiations with the University, we are now able to offer lifetime membership in RAQ for no fee for all Queen's retirees (as of May 1, 2020).



Join fellow RA Q members and others at one of our upcoming conversations. These popular events address diverse topics and are led by experts in the field. For more information how to attend the following upcoming events, consult the RA Q [website](#).

Department of Biology: Why so much anxiety, despair, and suicide—and how might we manage it? An evolutionary perspective.

School of Kinesiology and Health Studies: Keeping Fido: The human animal bond and older adult well-being.

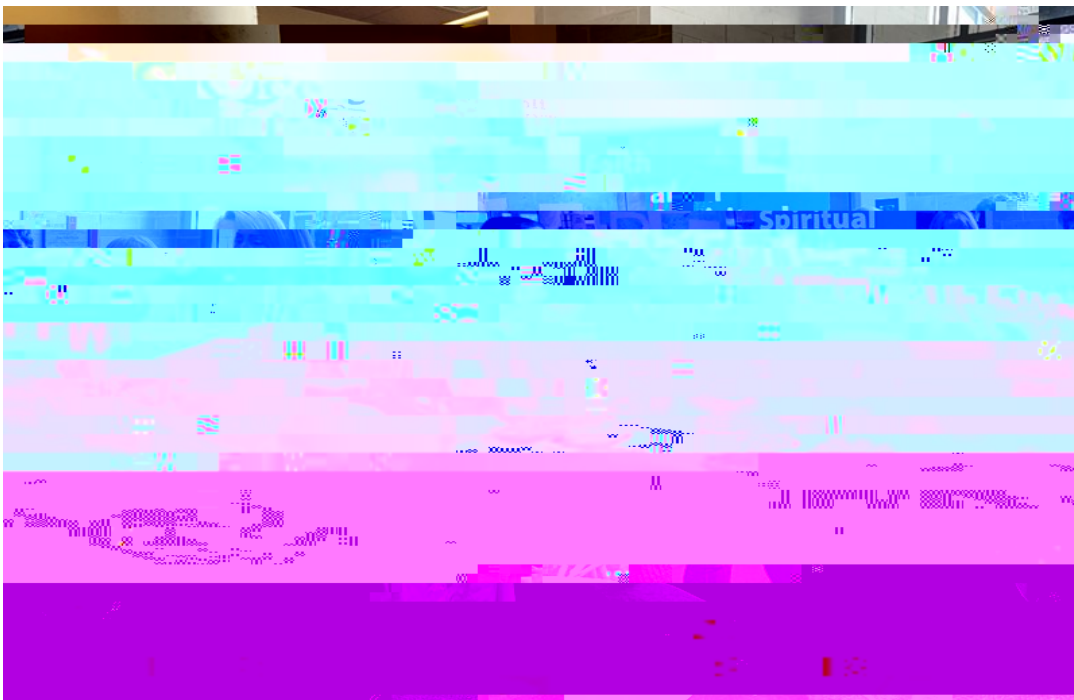
Head, Department of Medicine: The mighty mitochondrion—watch them move and learn that they are much more than the power house of the cell.

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In collaboration with the Chaplaincy, once a month volunteers from the Retirees Association prepare and distribute hearty snacks for students with the message, Have a healthy snack and get your energy back. In the next section on Past Activities, you will see that these events were held in January and February and a third one is scheduled for March 25th, 2020.

RAQ's January 8th inaugural "Grab and Go with Queen's Retirees" was a great success. In association with the Queen's Faith and Spiritual Life office, we made 120 students very happy with a nutritious snack and gave them a little more energy for the rest of the day. At a table set up in the University Centre, four RAQ members handed out 120 healthy muffins to students walking by. They were met with surprise that there was no charge for the snack and delight for the unexpected treat.

The event, organized by Catherine Purcell and supported by five other RAQ members, was the first of three planned for the spring term, 2020. Subsequent dates are Wednesday, February 26 and Wednesday, March 25. Volunteers agree to provide two dozen healthy but nut-free muffins for each event, and some also help with the distribution between 10:30 and 11:30. Participants bring a copy of the recipe for each batch provided so that students know exactly what's in them and can even take a picture of the recipes in case they want to make the muffins again at home.



We hope this initial effort leads to an ongoing RAQ association with students. It's a great way to be involved in campus life and to meet students in all years and different subject areas. Anyone interested in becoming part of the RAQ Student Interaction Committee should contact Catherine Purcell (cpurcell300@gmail.com). An email to the RAQ office (raq@queensu.ca) will also be forwarded to Catherine.

Cherrilyn Yalin and Bruce Hutchinson participated in the United Way Tour of funded agencies this year and we were both impressed by the commitment and passion of workers in the agencies we visited. The tour started with a description of the Food Sharing Project, which provides breakfast and snacks to 87 area schools representing 16,000 students.



Our first stop was Outreach St. George's Kingston where disadvantaged, alienated or marginalized people find respite, friendship, free clothing, personal items as well as food in a safe drop-in room that is open every weekday morning.

The Youth Diversion Program, housed at the former Robert Meek school, has a number of programs to help youth with early intervention programs to help them overcome challenges in their lives, make positive

changes and make amends for their actions.

Our final visit was to the Kingston Youth Shelter which provides shelter for homeless youth, making a real difference in the lives of youth aged 16 to 24. They provide emergency shelter, transitional housing and family mediation, services which all aim at preventing homelessness among youth. We were moved by the counsellor's commitment to the youth in the shelter.

Your donations to the United Way are essential for the success of these programs and many more.

